




Kingston Intermediate School
781-585-0472

March 2010

Kingston Elementary School
781-585-3821



Monday	Tuesday	Wednesday	Thursday	Friday
1 Mozzarella Sticks w/ Warm Marinara Sauce Antipasto Salad Celery Sticks w/ Cream Cheese Chilled Fruit/Milk	2 Happy Birthday Dr. Seuss Chicken Stixs Potato Smiles Green Beans ABC Cookies Green Apples/Milk	3 Western Burger w/wo Cheese Golden Onion Rings Warm BBQ Sauce Rf. Cape Cod Chips Chilled Fruit/Milk	4 Hot Dogs on a Roll Oven Potato Puffs Veggie Tray w/ Dip Jell-o w/ Whip Topping Chilled Fruit/Milk	5 Cheese Stuffed Pizza Crust Cucumber Slices w/Ranch Dip Rf. Cape Cod Chips Chilled Fruit/Milk
8 Make Your Own Twin Tacos Shredded Lettuce Cheddar Cheese Mexican Rice ~ Corn Bread Chilled Fruit/Milk	9 American Chop Suey Garlic Toast Cucumber Wheels Cheese Cubes Chilled Fruit/Milk	10 Teriyaki Dippers w/Dipping Sauce Whipped Sweet Potatoes Sweet Corn Warm Roll Chilled Fruit/Milk	11 Wraps Caesar Salad or Turkey Cup of Soup Dill Pickles Gold Fish Crackers Chilled Fruit/Milk	12 Bagel Pizza Tomato Soup Celery Sticks w/ Dip Cheese Cubes Baked Corn Chips Chilled Fruit/Milk
15 Pasta Bar w/ Sauce Choices Meatballs Parmesan Cheese Garden Salad ~ Garlic Toast Chilled Fruit/Milk	16 Soup & Sandwich Day! Bagel w/ Ham, Egg and Cheese or Toasted Cheese Chicken Noodle Soup Chilled Fruit/Milk	 <u>K-6 Early Release 12:45pm</u> Shamrock Shaped Chicken Nuggets Whipped Green Potatoes Sweet Baby Peas Green Jell-o w/ Whip Topping Sugar Cookie ~ Chilled Fruit/Milk	18 French Toast w/Warm Syrup or Assorted Cereal Sausage Links ~ Cheese Cubes Warm Cinnamon Apples 100% OJ Juice/ Milk	19 Pizza Cheese or Pepperoni Carrot and Celery Sticks w/ Ranch Dip Gold Fish Crackers Chilled Fruit/Milk
22 <u>Mashed Potato Bowl</u> Popcorn Chicken Oven Mashed Potatoes Golden Corn ~ Gravy Dinner Roll Chilled Fruit/Milk	23 Ham & Cheese Melt On English Muffin Hash Brown Patty Trix Yogurt Chilled Fruit/Milk	24 Hot Dog Side of Home Made Baked Macaroni & Cheese Seasoned Green Beans Chilled Fruit/Milk	25 Shaved Steak w/wo Cheese or Tuna Salad Roll Baked Chips Rainbow Pepper Stixs Mini Cookies Chilled Fruit/Milk	26 Sal's Fresh Cheese Pizza Lite Italian Dressing Cheese Cubes Gold Fish Crackers Chilled Fruit/Milk
29 Crispy Chicken Patty On a Roll Rainbow Pasta Salad Baby Carrots w/ Ranch Dip Chilled Fruit/Milk	30 Breakfast for Lunch Assorted Cereal Sausage Patty Baked Cinnamon Apples 100% Frozen Juice Bar Chilled Fruit/Milk	31 Cheese Bread Stixs Chicken Noodle Soup Saltine Crackers Raisins Chilled Fruit/Milk	All lunches \$2.00 Lunch includes choice of entrée, milk, veggie, fruits Ala carte Milk \$.50 KES Milk \$.75 KIS Ice cream, baked chips, water	Diane M. Nichols 781-582-3555 x3256 dnichols@slrsd.org